



## Healthy Start

### Continental breakfast

62

Please choose one item per selection per person

#### Juices

Orange, grapefruit, apple or mango

#### Beverages

Coffee, English breakfast tea, decaffeinated coffee or tea  
herbal tea, hot chocolate, Horlicks or Milo  
served with : whole milk / low fat milk / honey and lemon

#### Fresh bakery (maximum 3 items per person)

Croissant, almond croissant, cheese croissant, homemade chocolate roll,  
fresh fruit Danish, brioche, banana bread, white or whole wheat bread, plain,  
fruit or seven cereals muffin with fruit preserve, honey, salted butter,  
unsalted butter and vegetable fat spread 70%

#### Cereals

Cereal with banana or homemade granola

#### Fruit and yoghurt

Fresh fruit plate, plain yoghurt or fruit yoghurt (regular or low fat yoghurt)

### The hot breakfast

74

Please choose one item per selection per person

#### Juices

Orange, grapefruit, apple or mango

#### Beverages

Coffee, English breakfast tea, decaffeinated coffee or tea  
herbal tea, hot chocolate, Horlicks or Milo  
served with : whole milk / low fat milk / honey and lemon

#### Fresh bakery (maximum 3 items per person)

Croissant, almond croissant, cheese croissant, homemade chocolate roll,  
fresh fruit Danish, brioche, banana bread, white or whole wheat bread,  
fruit or seven cereals muffin with fruit preserve, honey, salted butter,  
unsalted butter and vegetable fat spread 70%

#### Two eggs any style

Fried, over easy, scrambled, poached, soft boiled or omelette with  
hash brown potatoes, baked tomato and a choice of smoked beef or chicken sausage

#### Fruits and yoghurt

Fresh fruit plate, plain yoghurt or fruit yoghurt (regular or low fat yoghurt)

**Breakfast Speciality****Healthy breakfast**

56

Please choose one item per selection per person

**Juices**

Orange, grapefruit, apple or mango

**Beverages**

Decaffeinated coffee, herbal tea

**Cereals**

Bircher muesli or All-Bran with low fat milk

**Fruit**

Freshly cut fruit salad or assorted sliced seasonal fruit

**Healthy speciality**

Egg white omelette with tomato and herbs, grilled asparagus and sautéed mushrooms served with wholemeal toast, vegetable fat spread 70%, strawberries, diet orange marmalade

**Malaysian Breakfast**

56

**Nasi lemak malinja**

Traditional flavoured coconut rice with chicken rendang, prawn sambal, fried anchovies, peanuts and cucumber

**Roti canai**

Pan-fried flaky bread served with potato, carrot and yellow lentil curry

**Teh tarik**

**Healthy Start** 

RM

**Fruits**

Freshly cut fruit salad, assorted sliced seasonal fruits or fresh berries 27

**Yoghurt**

Plain yoghurt, fruit yoghurt (regular or low fat yoghurt) or greek yoghurt 24

**Dry Cereals**

All-Bran flakes, Choco Crunch, Cornflakes, Frosties, Rice Krispies, served with : banana / mixed fruit / whole milk / low fat milk / soya milk 27

**Bircher muesli**

Multi grain flakes soaked in orange juice with a blend of raisins, Sultanas, sunflower seeds then mixed with low fat plain yoghurt, low fat milk, honey, and topped with roasted hazelnuts, apple and grilled almonds 33

**Hot oatmeal**

With milk, honey, cinnamon sugar or brown sugar 33

**FROM OUR BAKERY****French baguette**

18

**Freshly toasted bread** (maximum 2 types)

White, wholemeal or rye bread with fruit preserve, honey, salted butter, unsalted butter and vegetable fat spread 70% 18

**Fresh bakery basket** (maximum 3 items per person)

Croissant, almond croissant, cheese croissant, homemade chocolate roll, fresh fruit Danish, brioche, banana bread, white or whole wheat bread, plain, fruit or seven cereals muffin with fruit preserve, honey, salted butter, unsalted butter and vegetable fat spread 70% 28

**GLUTEN FREE****Gluten free cereal**

With your choice of banana, mixed fruit, full cream milk or low fat milk 27

**Loaf Bread**

15

**Fruit Cake**

15

**Muffin**

12

**Cookies**

12

## Eggs

### Two eggs any style

Fried, over easy, scrambled, poached, soft boiled or omelette with hash brown potatoes, baked tomato and a choice of smoked beef or chicken sausage

39

### Two poached eggs *LR*

With smoked salmon, avocado on brioche  
fresh herbs light cream, served cold

39

### Egg white omelette

With tomato and herbs, grilled asparagus and sautéed mushrooms

35

### Three eggs omelette

With mushrooms, cheese, tomato, chicken ham, onion or bell pepper,  
hash brown potatoes, baked tomato and a choice of smoked beef or chicken sausage

45

### Eggs of the day

45

All eggs are served with your choice of toasted wholemeal or white bread (2 pieces)

## Asian Breakfast

### Indian

#### Roti canai

Pan-fried flaky bread served with potato, carrot and yellow lentil curry

35

### Malay

#### Nasi lemak malinja

Traditional flavoured coconut rice with chicken rendang,  
prawn sambal, fried anchovies, peanuts and cucumber

45

### Chinese

#### Congee with prawns and egg

45

#### Chinatown wanton noodle soup

Clear chicken broth filled with wanton noodle,  
shrimp dumpling, Swiss chard and chicken char siew

45

## Breakfast Specialities

**Homemade crispy waffle**    
With mascarpone cream and mixed berry compote 33

**Buttermilk pancake**   
With maple syrup and berries sauce 27

**Cheese**  
Soft cream cheese, edam and emmental  
with walnuts, dry fruit and crackers 39

## Side Dishes

**Smoked beef** 14

**Chicken sausages** 14

**Hash brown potatoes** 16

**Grilled asparagus** 16

**Sautéed mushrooms** 16

**Baked tomatoes** 16

**Tomato salad** 16



**BEVERAGES** RM**Fresh juices**

Orange, Starfruit, Pineapple, Honeydew

Watermelon, Apple, Carrot 22

**Chilled juices**

Cranberry, Guava, Mango, Grapefruit, Kiwi, Tomato

Lychee, Lemon, Peach Nectar 21

**illy coffee**

Freshly brewed illy coffee 22

Café latte, Cappuccino 22

Espresso 22

Decaffeinated 22

Long black 22

**Harney & Sons Tea Selections**

Earl Grey, English Breakfast, Chamomile,

Organic Peppermint, Paris, Jasmine, Darjeeling 22

Decaffeinated tea 22

**BEVERAGES** RM**Teh tarik** 22**Japanese Green Tea** 22**Milk**

Low fat, Full cream, Soy 22

**Hot Beverages**

Horlicks, Milo, Hot chocolate 22